

Inspire a love of bedtime with great snuggling material!

The Goodnight Book for moms AND little ones

Edited by Alice Wong and Lena Tabori

A magical book to help moms inspire sweet dreams and a delight with bedtime is *The Goodnight Book for Moms and Little Ones* (September; Welcome Books, \$17.95 hardcover, 224 pages). Filled with wonderful snuggling material, *The Goodnight Book* features stories to read, songs to sing, poetry to inspire, activities to delight, recipes to please, and prayers to calm.

Lavishly illustrated with vintage art, *The Goodnight Book* includes:

Literary Excerpts: Ten excerpts relating to sleep, stars, and dreams from beloved children's classics, including *Charlotte's Web*, where Charlotte sings Wilbur to sleep; *Mary Poppins*, in which Mary glues stars to the sky; and *James and the Giant Peach*, when James falls asleep in the web hammock under the soft light of a glowworm.

Tales & Legends: Fourteen stories from *Sleeping Beauty* and *Rip Van Winkle* to creation tales of the moon and stars as portrayed by different cultures.

Songs: Ten songs and lullabies, including "Dream a Little Dream of Me," "Hush, Little Baby," and "Goodnight," by John Lennon and Paul McCartney.

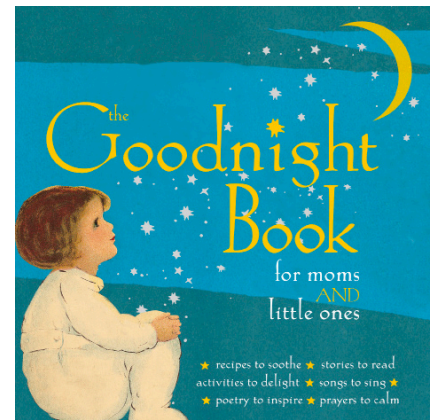
Poetry: Fourteen poems, including "The Land of Nod" by Robert Louis Stevenson, "Is the Moon Tired?" by Christina Rossetti, and "Afraid of the Dark" by Shel Silverstein.

Activities: Twenty activities to make bedtime easier (sleep-inducing sachets, clothespin guardian angels, relaxation exercises) and enjoyable (glow-in-the-dark sleep shirt, galactic mobile, hibernating beanbag bear).

Recipes: Twelve recipe that combine delicious ingredients for dinners, before-bedtime snacks, and dreamy sweets like Full Moon Cookies, Overnight Surprise Cookies, and Soothing Smoothies.

Prayers: Ten bedtime prayers from various cultures and faiths.

As Alice Wong observes in the foreword, "Sleep, sleep, my love, my only, If only bedtime was always so easy!" This book will provide a treasure trove of bedtime bliss.



The Goodnight Book for Moms and Little Ones

Edited by Alice Wong & Lena Tabori
224 pages, 6.5 x 6.5 inches
80 full color illustrations, 40 line illustrations
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ALICE WONG is Project Director at Welcome Books. She has conceived, produced, and edited numerous titles, including *Moms*, *Boys*, and *Girls* from the Little Big Book series.

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To request an electronic image, excerpt, or interview with co-editors Alice Wong and Lena Tabori, please visit www.welcomebooks.com/goodnight

